Kate's Faith and Fitness Healing Scriptures-speak these over your life, your body, your family each day, casting out the sickness because you have been redeemed from the curse of the law and you are a new creation in Christ! There is supernatural power in the Word of God and Jesus =Word John 1:14.

Proverbs 3:1-2- My son, do not forget my teaching, but keep my commands in your heart, 2 for they will prolong your life many years and bring you peace and prosperity.

Mark 11:22-24 And Jesus answered them, "Have faith in God. Truly, I say to you, whoever says to this mountain, 'Be taken up and thrown into the sea,' and does not doubt in his heart, but believes that what he says will come to pass, it will be done for him. Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours.

Job 22:28 - "You will also decree a thing, and it will be established for you; And light will shine on your ways.

Proverbs 18:21 Death and life are in the power of the tongue, and those who love it will eat its fruits.

Matthew 21:22 And whatever you ask in prayer, you will receive, if you have faith."

Joshua 1:8 This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

Galatians 3:13 – Christ has redeemed us from the curse of the law, having become a curse for us.

Isaiah 53:4-5 - Surely he has borne our infirmities, pains and carried our diseases; yet we accounted him stricken, struck down by God, and afflicted. ⁵ But he was wounded for our transgressions, crushed for our iniquities; upon him was the punishment that made us whole, and by his bruises we are healed.

Matthew 8:17 – This was to fulfill what was spoken through the prophet Isaiah: He Himself took our infirmities and bore our sicknesses

Psalm 107:20 – He sent His Word and healed them, and delivered them from their destructions.

Proverbs 3:7-8-Do not be wise in your own eyes; fear the LORD and shun evil. ⁸ This will bring health to your body and nourishment and healing to your bones.

Exodus 15:26 – I am the Lord who heals you

Psalm 103:1-5-Bless the LORD, O my soul; And all that is within me, bless His holy name! ² Bless the LORD, O my soul, And forget not all His benefits: ³ Who forgives all your iniquities, Who heals all your diseases, ⁴ Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies, ⁵ Who satisfies your mouth with good things, So that your youth is renewed like the eagle's

Exodus 23:25-26 - So you shall serve the LORD your God, and He will bless your bread and your water. And I will take sickness away from the midst of you. ²⁶ No one shall suffer miscarriage or be barren in your land; I will fulfill the number of your days.

Isaiah 58:8 - Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the LORD shall be your rear guard

Proverbs 16:24 - Pleasant words are like a honeycomb, Sweetness to the soul and health to the bones.

Psalm 118:17 - I will not die but live, and will proclaim what the LORD has done

Psalm 147:3 - He heals the brokenhearted and binds up their wounds

Proverbs 17:22 – A cheerful heart is good medicine, but a crushed spirit dries up the bones

- **3 John 2:1** Beloved, I pray you may prosper in all things and be in health, just as your soul prospers
- **1 John 3:8b** The reason the Son of God appeared was to destroy the works of the devil.
- Mark 16:18 they will pick up snakes with their hands; and when they drink deadly poison, it will not hurt them at all; they will place their hands on sick people, and they will get well."
- **James 5:15-16** And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. ¹⁶ Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.
- Romans 4:17- (as it is written, "A FATHER OF MANY NATIONS HAVE I MADE YOU") in the presence of Him whom he believed, even God, who gives life to the dead and calls into being that which does not exist.
- Romans 8:11 The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you
- Mark 9:23 Jesus said to him, "If you can believe, all things are possible to him who believes."
- Isaiah 54:17 No weapon formed against you shall prosper, And every tongue which rises against you in judgment you shall condemn. This is the heritage of the servants of the LORD, And their righteousness is from Me," Says the LORD.
- James 4:7 Therefore submit to God. Resist the devil and he will flee from you sickness and disease is from the devil, continue casting him and his sickness and disease out of your body because vou are in Christ!
- **Psalm 91** He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty. ² I will say of the LORD, "He is my refuge and my fortress; My God, in Him I will trust." ³ Surely He shall deliver you from the snare of the fowler And from the perilous pestilence ... ⁹ Because you have made the LORD, who is my refuge, Even the Most High, your dwelling place, ¹⁰ No evil shall befall you, Nor shall any plague come near your dwelling; 11 For He shall give His angels charge over you, To keep you in all your ways. ... "Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name. 15 He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him. ¹⁶ With long life I will satisfy him, And show him My salvation."
- **Proverbs 4:20-22** -My son, give attention to my words; Incline your ear to my savings. ²¹ Do not let them depart from your eyes; Keep them in the midst of your heart; ²² For they are life to those who find them, and health to all their flesh
- **Ephesians 3:20** Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us
- **Colossians 2:15-** In this way, he disarmed the spiritual rulers and authorities. He shamed them publicly by his victory over them on the cross.
- Revelation 12:11 And they overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death
- Keep these where you can read them every day out loud, get them down into your spirit! We walk by faith not what we feel or see!

Kate's Faith and Fitness, Inc., a non-profit fitness ministry www.katesfaithandfitness.org

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